





MISSION **CONNECTION**

INTENSIVE OUTPATIENT & PARTIAL HOSPITALIZATION **PROGRAM**

Mission Connection, a part of AMFM Healthcare, offers intensive outpatient and partial hospitalization levels of care, helping adults with mental health challenges such as anxiety, depression, and mood disorders. Our program allows clients to connect with their clinical team, when, where, and how it is most convenient. Our care delivery options include in-person, virtual and/or a hybrid approach to care.

Our program offers virtual clients 50+ hours of weekly group sessions to choose from. In-person group sessions are also available and offer flexible scheduling to fit our clients' needs. In addition to group therapy, clients also receive weekly individual therapy and when appropriate, medication management.

IOP/PHP/VIOP OFFERING:

- · Daily Group Therapy
- · Weekly Individual Therapy
- Psychiatry
- · Treatment Planning
- Medication Management

GROUPS:

CBT • DBT • Mindfulness • Self-Awareness Anger & Forgiveness • Recovery Strategies Holistic Recovery • Sound Bath Goal Setting • Healthy Living • Family Dynamics



TAKE OUR ASSESSMENT

Answer a few questions so we can better understand how we can help.



THERAPIST REVIEW

Speak with a licensed therapist to formulate the best treatment plan that fits your needs.



SPEAK WITH ADMISSIONS

Speak to our team to verify your insurance and answer any questions you may have.



GET STARTED

Based on your agreed-upon treatment plan, begin engaging in your treatment journey.