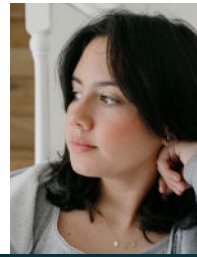




CALIFORNIA • WASHINGTON



MENTAL HEALTH INTENSIVE OUTPATIENT PROGRAM

TELEHEALTH TREATMENT FOR TEENS AGES 12 - 17 YRS



Mission Connection Teen provides a comprehensive, team-based approach to mental health care for teenagers. VIOP (Virtual Intensive Outpatient Programming) is a higher level of care and more structured approach than traditional outpatient therapy. We also provide continued support for teens who have completed inpatient treatment, such as our residential treatment program, Mission Prep.

WHAT WE TREAT

Anxiety • Depression • Academic & Social Challenges
Mood & Thought Disorders • Co-Occurring Disorders
Trauma & PTSD • Technology Addiction

FLEXIBLE & ACCESSIBLE CARE

VIRTUAL ACCESS

Virtual HIPAA compliant sessions offer comfort and privacy, creating higher engagement for tech-savvy teens from the ease of home.

FLEXIBLE SCHEDULING

Individualized treatment plans and group options cater to each teen's unique needs. Flexible scheduling allows teens to maintain school and other commitments.

STREAMLINED ACCESS TO CARE

We work with insurance companies to make getting started easy. Teens can usually begin their healing journey right away with our streamlined admissions process.



OUR INNOVATIVE APPROACH

A VOICE IN TREATMENT

We want our clients to feel heard and seen. We offer them the opportunity to have agency and creativity in their treatment, while we maintain necessary structure and balance.

TECH INTEGRATION

Technology is essential in facilitating our creative programming. We encourage teens to learn a healthy tech-use balance, by leaning into technology and its usefulness in a therapeutic way.

FOSTERING CONNECTION

Our group therapies offer a sense of community and create unity, providing a safe space to connect and learn from others.

STRUCTURED TREATMENT



INDIVIDUAL THERAPY

- 1-2 Weekly Virtual Sessions
- Evidence-Based Modalities | CBT, CT-R, DBT, ACT, EMDR, MBSR, and more.
- Goal-Oriented Methods

FAMILY INVOLVEMENT

- Weekly or Bi-Weekly Virtual Therapy Sessions
Regular sessions improve communication and address family dynamics.
- Family Support Group
Parents and guardians learn how to support their teen's healing journey.
- Parent Education
Gain tools to better assist their teens' healing.

GROUP SESSIONS

- 4-5 Evenings per Week
- Small Groups | Maximum of 6 teens per group.
- Multiple Options | Offered daily Monday - Friday.

GROUP OPTIONS

- Reflect & Recharge
- Social Media & Mental Health
- Trauma Support
- Balance & Breathe (DBT)
- Minds Matter (CBT)
- Your Unique Brand
- Mindful Habits
- And More



CONTINUED SUPPORT AFTER VIOP TREATMENT

- AFTERCARE PLANNING
- ALUMNI PROGRAM
- REFERRAL SERVICES
- FAMILY RESOURCES

SEAMLESS ADMISSIONS PROCESS



TAKE OUR ASSESSMENT

Answer a few questions so we can better understand how we can help.



SPEAK WITH ADMISSIONS

Speak to our team to verify your insurance and answer any questions you may have.



THERAPIST REVIEW

Speak with a licensed therapist to formulate the best treatment plan.



GET STARTED

Based on your treatment plan, begin your treatment journey.

(866) 773-1112 | info@amfmhealthcare.com | missionconnection.com



Mission Connection Teen is a part of the AMFM Healthcare family of programs.