

ADULT & ADOLESCENT
PHP/IOP/VIOP

MISSION CONNECTION

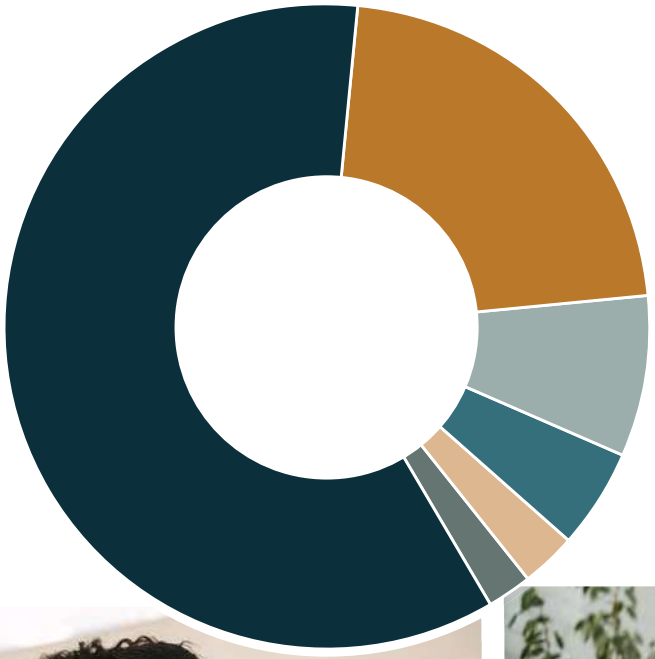
2024 OUTCOMES

Mission Connection offers a comprehensive level of outpatient mental healthcare for those who need more than traditional, once-a-week therapy. Designed to fit seamlessly into our client's lives, our flexible clinical programming is available at times that work with their schedules either in person or via virtual telehealth. We provide individual, experiential, and group therapy to foster healing through the power of connection and community. Our unique therapeutic model is delivered by licensed therapists and clinicians specializing in helping our clients build tools to support lasting healing.

CLIENT DIAGNOSIS

At Mission Connection, understanding our clients' diagnoses is key to providing impactful care. With more than half of our clients dealing with depressive disorders and others experiencing Bipolar Disorder, thought disorders, anxiety, and trauma-related disorders, we recognize the multifaceted nature of their challenges. This understanding enables us to address their unique concerns effectively, ensuring impactful support for their mental health journey. We provide an initial diagnosis based on records or assessments and refine it through ongoing evaluation. Diagnosis evolves collaboratively, ensuring clients receive a clear and well-defined assessment before they discharge.

DIAGNOSTIC PROFILE



- 60% Depressive Disorders
- 22% Bipolar & Other Related Disorders
- 8% Thought Disorders
- 5% Anxiety Disorders
- 3% Trauma & Stressor-Related Disorders
- 2% Other Classifications





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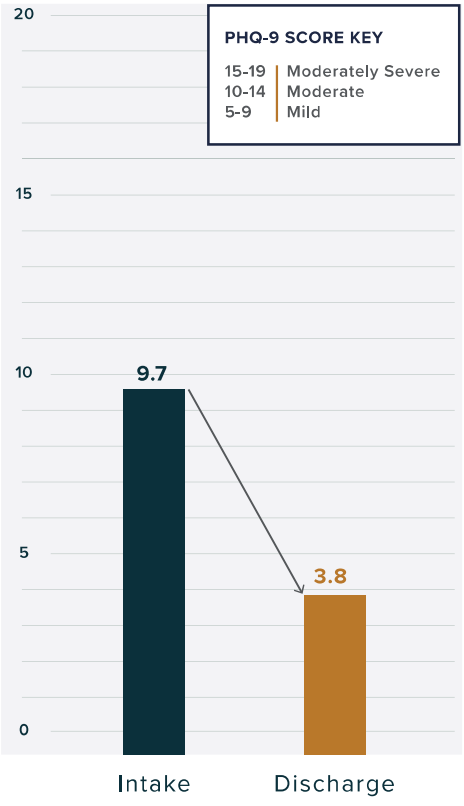


Clients were asked if they would be willing to recommend Mission Connection to others seeking care.

92% SAID YES

DEPRESSIVE SYMPTOMATOLOGY

As per the PHQ-9 administered in a clinical setting



DEPRESSION

Mission Connection integrates various modalities to support clients in managing depression. Given that clients in this program typically present with less acute symptoms, achieving a 61% improvement in depressive symptoms by discharge is particularly significant.

On average our clients saw a 61% improvement in their depressive symptoms



ANXIETY

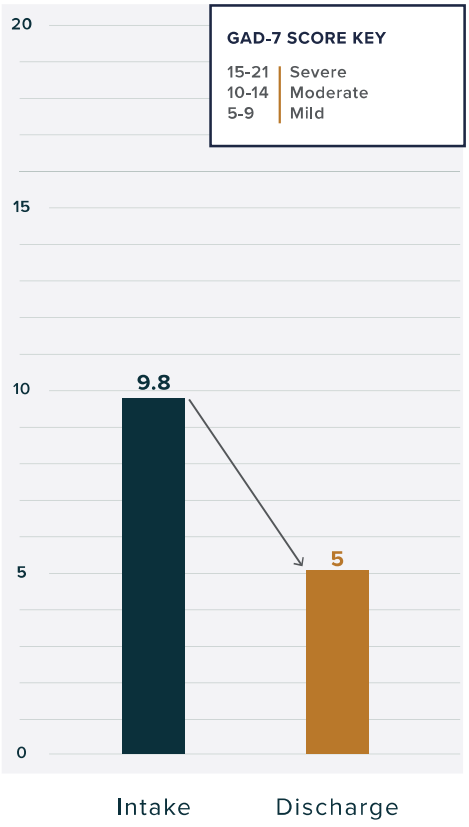
Our program integrates a range of therapeutic modalities designed to support effective anxiety management. The notable 42% improvement in anxiety symptoms achieved by clients upon discharge underscores the success of our tailored approach in helping individuals experience meaningful progress and relief.

On average our clients saw a 42% improvement in their anxiety symptoms



ANXIETY SYMPTOMATOLOGY

As per the GAD-7 administered in a clinical setting



WHAT THESE RESULTS MEAN FOR OUR CLIENTS

As symptoms of anxiety and depression lessen and well-being strengthens, clients benefit from:

- Stronger Relationships
- Better Sleep
- More Positive Outlook
- Increased Energy
- Better Coping Skills
- More Connection
- Improved Physical Health
- Better Focus

CLIENT SATISFACTION

Mission Connection's Outpatient Program earned outstanding client satisfaction, with 80% and above ratings across all survey metrics this year. Clients spend an average of 12 weeks with us, benefiting from our evidence-based approach, flexible programming, and focus on connection through individual, experiential, and group therapies. These results highlight the program's effectiveness in fostering meaningful progress and lasting recovery.

SURVEY RESULTS



I feel safe in the program	85% ANSWERED YES
My clinical team listens to me and cares about my goals	84% ANSWERED YES
I felt welcomed and comfortable when I arrived on-site and during the intake process	84% ANSWERED YES
The skills I am learning feel applicable to life after treatment	81% ANSWERED YES
I feel that the staff care about me and my success	83% ANSWERED YES
I feel that the treatment offered will allow me to improve areas of my life	81% ANSWERED YES
I made the right choice by choosing to come to Mission Connection	82% ANSWERED YES